

Session title "Animals in Permaculture & Energetic Needs"				
<b>Learning objectives:</b> 1. Understand the reasons behind including or excluding animals in your permaculture design 2. Learn how to use the Energetic Network tool to show you where you are putting Or would need to put energetic attention				
<b>Resources needed:</b> A ball of thread (min. 50 meter); whiteboard				
<b>Workshop time:</b> ~ 2 hours				
ACTIVITY	TIME	COACH	METHOD	MATERIALS
Web of Life game	50 min.	<ul style="list-style-type: none"> <li>- Someone starts with representing an organism or element as part of the food web</li> <li>- Then throws the thread to another person in the circle who names an organism or element that the previous organism needs, would eat or would be eaten by</li> <li>- Continue till everyone has received the thread and represented an element from the web of life</li> <li>- Tell the story that leads to one element dropping out of the system; this person lets go of his thread and slowly the web unfolds and falls apart</li> </ul>	Interactive game	A ball of thread
Harvest insights	5-10	Open the circle to hear from some participants how they experienced this exercise	Pop-corn style sharing	
<i>Break</i>	<i>15 min</i>			
Introduce the topic of (domesticated) animals in permaculture	30 min.	Ask these two question to the group to open a discussion: <ul style="list-style-type: none"> <li>- "Why would you include (domesticated) animals in permaculture?"</li> <li>- "Can some of them also be destructive for the ecosystem?"</li> </ul>	Discussion	
Introduce the Design tool "Energetic Network"	20 min	<ul style="list-style-type: none"> <li>- Draw a circle on the board and ask the group to name various elements on a typical farming system with animals</li> <li>- Ask the group to tell you which elements are connected and draw lines between those</li> <li>- Explain the tool: when counting the number connections this tells which element is crucial in your system where you can try to put strong energetic attention to.</li> <li>- End session by saying that you can add elements you already have, or ones you'd like to add to analyse their connections</li> </ul>	Explain and interactively show a tool	Whiteboard

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